

Sandwich Order

Your first Name: _____ stay _____ go _____

Step 1: How Hungry are you?

- _____ Whole
- _____ Half

_____ Cup O Soup (\$2.75)
 _____ Soup and 1/2 Sandwich (\$7.25)



Step 2: Choose your Bread

- _____ Honey Whole Wheat
- _____ Old Fashioned White
- _____ Dakota
- _____ Rye (Thursday Only)

Brown Bag Special (add \$2.50):
 _____ Giant Great Harvest cookie,
PLUS _____ fresh apple, or
 _____ Carrots, or
 _____ Tim's Cascade chips

FREE PICKLE?

Step 3: Pick one of our Great Sandwich Specials! (Over for Salads & Grain Bowls)

Cold Sandwiches — * topped with onion, lettuce, and tomato

- _____ *** HAM AND SWISS** (Full:\$6.50/Half:\$4.60) Spicy mustard, mayo, honey smoked ham, swiss cheese.
- _____ *** SMOKED TURKEY AND SWISS** (Full:\$6.50/Half:\$4.60) Spicy mustard, mayo, smoked turkey, swiss cheese.
- _____ *** ROAST BEEF & AGED PROVOLONE** (Full:\$6.50/Half:\$4.60) Spicy mustard, mayo, roast beef, aged provolone cheese.
- _____ *** CHICKEN SALAD SANDWICH** (Full: \$7.15/ Half: \$5.10) Heaping scoop of chicken salad with sweet and spicy pecans, mayo.
- _____ *** TUNA SALAD SANDWICH** (Full: \$7.15/ Half: \$5.10) Heaping scoop of tuna salad, mayo.
- _____ *** GREAT HARVEST VEGETARIAN** (Full: \$7.15/ Half: \$5.10) Garlic hummus, roasted red pepper spread, cucumber, bell peppers.
- _____ *** CALIFORNIA COBB** (Full: \$7.15/ Half: \$5.10) Smoked turkey, avocado spread, blue cheese spread, bacon.
- _____ **PEANUT BUTTER & JELLY** (\$3.50) Jelly preserves, peanut butter.

Hot Sandwiches — * topped with onion, lettuce, tomato

- _____ *** SPICY SMOKED TURKEY & PEPPER JACK PANINI** (Full:\$7.50/ Half: \$5.25) Smoked turkey breast, roasted peppers & onion blend, pepper jack cheese, and Spicy Southwest mayo.
- _____ *** ROCKY MOUNTAIN HIGH** (Full:\$7.50/ Half: \$5.25) Smoked turkey breast, roast beef, swiss cheese, and dill spread,
- _____ *** ROAST BEEF PANINI** (Full:\$7.50/ Half: \$5.25) Roast beef, aged provolone cheese, roasted pepper spread.
- _____ **GREAT HARVEST GRILLED CHEESE PANINI** (Full: \$7.15/ Half: \$5.10) On Old Fashioned White bread—Sharp cheddar cheese, swiss cheese, garlic and herb spread.
- _____ **GREAT HARVEST BACON, LETTUCE & TOMATO** (Circle One: HOT or Not) (Full: \$7.15/ Half: \$5.10) Mayo, bacon, lettuce, tomato.
- _____ **BREAKFAST SANDWICH** (Full: \$6.35/ Half: \$4.00) Egg, choice of meat, choice of cheese, garlic and herb spread.
- _____ *** HAM & SWISS ON RYE (THURSDAY ONLY)** (Full:\$7.50/ Half: \$5.25) Ham, melted swiss, honey mustard spread.

Call ahead to order: 443. 5623 \$7.00 charge for delivery

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Step 4 . Pick one of our Great Salad or Grain Bowl Specials!

Salads

- _____ **MEXICALI** (\$7.75) *Mixed greens, smoked turkey breast, fresh avocado, shaved cabbage, red onion, tomatoes, black beans, roasted chickpeas, tortilla chips, cilantro, topped with cheddar, and our delicious house-made chipotle ranch dressing.*
- _____ **YARDBIRD** (\$7.75) *Mixed greens, spinach, chicken, roasted seeds & nuts, cranberries, chickpeas, golden raisins, avocado, and Parmesan cheese topped with house-made garlic lemon vinaigrette.*

Grain Bowls

- _____ **SESAME CHICKEN** (\$7.75) *Grilled chicken breast, peanuts, and cashews on mixed greens & cabbage. Tossed with carrots, cilantro, sesame seeds, toasted wheat, quinoa, and our incredible oriental sesame dressing.*
- _____ **FRESH SEASONS** (\$7.75) *Spinach & mixed greens, chicken, sweet & spicy pecans, sunflower seeds, cranberries, crumbled cheese, and seasonal fresh fruit. Tossed with toasted wheat, quinoa, and our house-made dressing.*

Open: Mon-Fri 7:00 - 6:00 Sat 7:00 - 3:00

Cold Lunch Served: All day Mon-Fri and until 2:00 Sat.

Hot Lunch Served: Until 2:00 Mon-Sat.

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